Adecco

E-reputation: 4 tips to control your image on the Internet

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Convey a good image on Facebook.

Facebook photos have a significant impact on recruiters, sometimes as much as your CV picture. Candidates with a good-looking photo receive about 39% more interview requests*.

Be active on LinkedIn.

Having a profile on a professional social network is nowadays essential. LinkedIn is widely used by recruiters, so make sure you have a complete profile and a professional picture. Add your experience, education, achievements and skills by highlighting interesting points and do not "copy and paste" your resume. Finally, regularly update your profile.

*Stijin Baert, Professor at Ghent University, 2016.

Use Instagram or Twitter wisely.

Remember that recruiters also have access to your Instagram and Twitter accounts if they are public. Take advantage of it because these tools can be a showcase for your expertise and/or artistic know-how. These social networks are relevant to jobs such as graphic designer, architect, drawer etc....



Be careful with your digital activity.

Don't publish and don't like anything. A "like" on a publication with a political or religious connotation could harm your image and give you a wrong label. Even if you delete old images or comments, it will take some time to no longer find them on the Internet.